



CAUTION! ARE YOU ABUSING YOUR PARTNER?

Do you:

Keep track of your partner's time—who she/he's with, where she/he is, what she/he's doing?

Keep your partner from having relationships with family and friends?

Prevent your partner from working or attending school?

Criticize your partner for little things?

Anger easily when drinking or using drugs?

Control your partner's money and force your partner to account for all spending?

Listen to your partner talk on the phone or keep your partner from using the phone at all?

Make fun of your partner in front of others?

Destroy personal property or sentimental items?

Hit, punch, slap, kick, bite or otherwise physically harm your partner or your children?

Force your partner to have sex?

Hurt or threaten to hurt your partner's pets?

Threaten to hurt your partner or your children?

Use or threaten to use a weapon against your partner?

If you answered “yes” to any of the above statements, you may be abusing your partner. Help is available. See the resources listed in the Resources for Abusers/Abusers Intervention Services section of the website.

