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Help is available if you are safe to make contact.

Contact your local domestic violence program or reach out on behalf of someone who is being abused. *If it's an emergency, call 911 immediately.*



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Women's Center & Shelter of Greater Pittsburgh

412-687-8005 (24/7 hotline)

240-249-7867 (text 24/7)

wcspittsburgh.org/covid (online)

Crisis Center North

412-364-5556 (24/7 hotline)

412-444-7660 (text 9am-5pm)

crisiscenternorth.org (online chat, 9am-5pm)

Alle-Kiski Hope Center

1-888-299-4673 (24/7 hotline)

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